What to do if your child has Pneumonia?

What is Pneumonia?
Pneumonia is an infection in the lungs that can occur in healthy children.

My Primary Care Provider information:

Dr. ________________
Address:_____________________
Phone:______________________

Office Hours:
  Monday:
  Tuesday:
  Wednesday:
  Thursday:
    Friday:
  Saturday:
    Sunday:

The nearest Urgent Care to my Primary Care Provider:

Urgent Care
Address:
Phone:

Urgent Care
Address:
Phone:

Urgent Care
Address:
Phone:

For children 6 months and older

Created by: JH_Pneumonia parent guideline
**Common symptoms to look for when your child has Pneumonia**

- Fever with chills and sweating
- Runny nose
- Low energy
- Headache
- Vomiting or loss of appetite

**Warning signs to seek immediate care**

- Blue fingernails
- Blue lips
- Unable to wake your child

**Treatment**

**Try the following at home to help improve your child’s cough:**

- Fill a humidifier with water and have them breathe in the mist.
- Have your child take a couple of deep breaths 2 or 3 times every hour.
- Treat fever as directed by your child’s doctor.

**Make sure your child drinks plenty of Liquids:**

- Drink water or oral rehydration solution.
- Encourage frequent drinking of small amounts of fluids.
- Make sure your child continues to urinate.

**When should I contact my child’s Doctor?**

- Your child has a bad cough lasting longer than 10 days.
- Your child has difficulty breathing (wheezing, grunting, rapid breathing).
- Your child is vomiting repeatedly.
- Your child is unable to drink fluids.
- Your child has high fever and chills.
- Your child has worsening symptoms after starting to get better.
- Your child’s frequency of urination decreases.
- Your child is unable to tolerate the prescribed antibiotics.

**Doctor’s notes:**

Unable to wake your child